

Survivorship Resource Program Calendar of Events July 2010

Classes, Screenings, Events

Happy Independence Day – July 4th!

Chemotherapy Classes

Mondays: 3:00 p.m.

Tuesdays: 8:00 a.m.

Wednesdays: 4:00 p.m.

Thursday & Fridays: 8:00 a.m.

For Information Call: Lisa Mayo at 410-427-2569

End of Treatment Classes

For patients who have completed or are soon to complete; their cancer treatment: (chemotherapy, surgery, radiation, or combination of any of these.)

Mondays: 9:00 a.m. – 10:00 a.m.

Wednesdays: 2:00p.m. – 3:00 p.m.

For Information or to Schedule an Appointment Call:

Ellen Gaither at 410-427-5585

****FREE** Outpatient Nutrition Class

Topic: Nutrition and Cancer: Learn about chemotherapy and its side effects, how to keep the intake stable to prevent weight loss, and how to keep your food safe - **every 3rd Tuesday of each month.**

July 20th at 10:00 a.m. in the Multi-D Conference Room

For Information Call:

Rose Menton at 410-427-2011

****FREE** Future Health Screenings

Prostate Cancer Screening – September 22nd

Breast Cancer Screening – October 30th

Times will be announced soon.

For Information on either screening or to make an appointment Call: 410-337-1479



Support Services, Programs

Breast Cancer: SOS - Survivors Offering Support

Trained breast cancer survivor volunteers offer their support and knowledge to newly-diagnosed patients.

To learn more about the program, become a volunteer mentor or be assigned a mentor, Call: Edla Coleman, SOS Coordinator, 410-427-2513

Crohn's Disease and Colitis Support Group

For Information Please Call: 410-337-1479

Lung Cancer: LUNGS - Learning, Understanding, Navigating, Growing, Survivorship

This program matches lung and esophageal cancer survivors with newly diagnosed patients to help mentor them through their cancer treatment.

For Information Please Call:

Pam Trombero at 410-337-4543

Recovery Coach Program

Developed by the American Cancer Society, this program provides one-on-one peer support and information to colon, prostate, breast and lung cancer patients.

For Information Please Call:

Cathy Hirsch at 410-583-5885

Lymphedema Management Program

***Fee: May be insurance reimbursable**

For Information Please Call: 410-337-1412

Look Good Feel Better

Program designed to help women offset appearance related changes from cancer treatments.

For Information Call: Lisa Mayo at 410-427-2569

Pink Ladies at St. Joseph Medical Center

Pink Ladies offer education, networking, and support to women undergoing treatment for breast cancer at the Cancer Institute, St. Joseph Medical Center.

Classes will begin in the fall.

For More Information please Call:

Susan Feild, RN at 410-427-5509

****FREE Cancer Care Telephone**

Education Workshop

Topic: *Update on Lymphoma Treatment*

Wednesday, July 7th, 1:30 – 2:30 p.m.

Topic: *Survivors Too: Communicating With and Among Family, Friends, and Loved Ones*

Tuesday, July 13th, 1:30 – 2:30 p.m.

For More Information or to Register for either workshop please Call:

800-813-4673

HopeWell Cancer Support Programs

Topic: *Project 10: An Expressive Arts Project for Women with Breast Cancer*

Thursday, July 15th, 1:30 – 2:30 p.m.

Topic: *Cancer and Sleep Disturbances: What You Should Know, What You Can Do*

Wednesday, July 21st, 7:00 – 8:30 p.m.

For More Information or to Register for either program please Call: 410-832-2719 or go to

www.hopewellcancersupport.org

Cancer Resources

American Cancer Society: www.cancer.org or 1-800-227-2345

Cancer Care: www.cancercare.org or 1-800-813-4673

Cancer Net: www.cancer.net or 1-888-651-3038

HopeWell: hopewellcancersupport.org or 410-832-2719

National Cancer Institute: www.cancer.gov or 1-800-422-6237



Patient Education Resource Room

Daily 8:30 AM – 4:30 PM

Located on Ground Floor G-17

The Education and Resource Room offers patients and families access to resource information and educational materials in the form of books, pamphlets and internet access. Please feel free to stop in and take a look!

Clinical Trials Resources

You can receive more information about Cancer Clinical Trials by contacting: Pat Johnson, Oncology Research Nurse at 410-337-4569 or visit the Patient Education Resource Room.

Spiritual Care

Our Spiritual Care Department is staffed with Priests, Sisters of St. Francis and chaplains of various faiths and nationalities. They help meet the diverse spiritual needs of patients and their families.

To speak with a Spiritual Care representative or to request services please Call:

Maureen O'Brien at 410-337-1109

Comfort Care Boutique

Daily 9:00 AM – 5:00 PM

Located on Ground Floor G-14

The Boutique offers mastectomy bras and custom breast prostheses and Lymphedema products, medical and surgical stockings, wigs, hats and scarves.

For a complete list of products and services offered or For more information please Call:

Donna Sullivan at 410-337-7117

St. Joseph's Cancer Survivor Corner Newsletter

<http://www.sjmcmd.org/CancerInstitute.aspx>

Cancer Institute Website

www.sjmcmd.org/CancerInstitute.aspx

For more information about the Survivorship Resource Programs please contact:

Donna Costa, MHS at 410-427-2548 or at

donnacosta@catholichealth.net or

Maurice Walker at 410-337-1069 or at

mauricewalker@catholichealth.net

